

Getting Started in Cybersecurity: How to Hone Your Hacking Skills

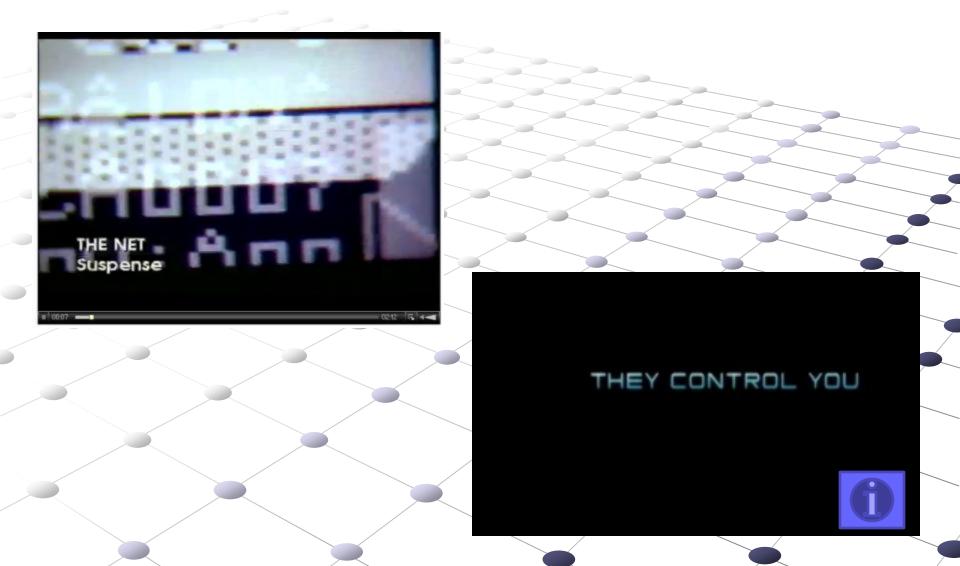
Dr. Davina Pruitt-Mentle

Portia Pusey

CyberWatch

What do you know about Cybersecurity?

The Net --- Eagle Eye



What is Cybersecurity?

What is Information Assurance?



What Jobs/Careers are there in Cybersecurity?



CyberSecurity: Which Job is for Me?

Computer Programmer/ Engineer/ Software Developer/ Web Designer

Description: Analyzes user needs to design, build, test, and maintain software applications and systems.

Penetration Tester/Systems/Networks / Vulnerability Researcher/Exploit Developer

Description: Think like a hacker to identify flaws and vulnerabilities which jeopardize the safety and security of the data and communications of businesses and organizations.

Information Security Engineer / Architect / Analyst/ Compliance Manager

Description: Assists Information Security professionals in designing plans, evaluating organizational weaknesses, and implementing procedures to protect the information assets of an institution or company.



Network Security/ Engineer

Description: Protects the data and information of an organization's information and communication technology from damage or unauthorized access.



Cryptographer

Description: Uses math, logic, and computer science to turn readable text into an unreadable form.

Cryptographers also analyze encrypted (unreadable text) to turn it into a readable form.

Computer Forensics / InfoSec Crime Investigator/ Forensics Expert/Analyst / Computer Crime Investigator

Description: Investigates digital media for data stored or encrypted. Test information security systems. Analyzes security breaches. These professionals often work in the law enforcement or military and defense fields.

Malware Analyst/Expert

Description: Examines malicious code to understand the type of damage it can do and how it replicates and spreads. Determines methods for detecting and deleting malware from systems. These professionals also investigate the source of the malware.

Incident Responder/Disaster Recovery / Business Continuity Analyst/ Manager

Description: Recognizes, analyzes, and responds to incidents which have caused damage to information, data, and information and communication technologies. This includes recovering from all types of threats-- natural (tornados, hurricanes), human (hackers) and technical (malware, equipment failure)

Pathways to Cybersecurity Careers

Employers want graduates who understand that technical as well as human interventions provide for effective defenses. In addition to technical competence, IA professionals need to exhibit creative problem solving, organizational awareness, <u>patience</u>, self-management and teamwork skills.





Cybersecurity: A National Growth Career Occupations Projected to Grow Fastest, 2006-2016

Network Systems and Data Communications Analysts

Personal and Home Care Aides
Home Health Aides

Computer Software Engineers, Applications

Veterinary Technologists and Technicians
Personal Finance Advisors
Makeup Artists, Theatrical and Performance

Medical A

Veterinarians

Substance Abuse and Behavioral Disorder Counselors

Skin Care Specialists

Financial Analysts

Social and Human Service Assistants

Gaming Surveillance Officers and Gaming Investigators

Physical Therapist Assistants

Pharmacy Technicians

Forensic Science Technicians

Dental Hygienists

Mental Health Counselors

Mental Health and Substance Abuse Social Workers

US Dept of Labor

US Department of Labor: Bureau of Labor Statisticshttp://www.bls.gov/news.release/ecopro.nr0.htm

Table 3. The 10 industries with the largest wage and salary employment growth, 2008-18 (1) (In thousands)

Industry	Sector	Employment		Change	
		2008	2018	Number	Percent
Management, scientific, and technical					
consulting services	Professional and business services	1,009	1,844	835	82.8
Offices of physicians	Health care and social assistance	2,266	3,038	772	34.1
Computer systems design and related services	Professional and business services	1,450	2,107	656	45.3
Other general merchandise stores	Retail trade	1,490	2,097	607	40.7
Employment services	Professional and business services	3,144	3,744	600	19.1
Local government, excluding education and					
hospitals	Government	5,819	6,306	487	8.4
Home health care services	Health care and social assistance	958	1,399	441	46.1
Services for the elderly and persons with					
disabilities	Health care and social assistance	585	1,016	431	73.8
Nursing care facilities	Health care and social assistance	1,614	2,007	394	24.4
Full-service restaurants	Accommodation and food services	4,598	4,942	343	7.5

¹ Data are from the National Employment Matrix.

Table 1.6 Occupational Employment and Job Openings Data, 2008—18, and worker characteristics, 2008 (Numbers in thousands)

2008 National Employment Matrix title and code		Employment		Change, 2008-18		Job openings due to growth and replacement	Median annual	Median annual	Most significant source of education and training
		2008	2018	Number	Percent	needs (in thousands)	wages	wage quartile	category
Financial examiners	13-2061	27.0	38.1	11.1	41.16	1 6.0	\$70,930	VH	Bachelor's degree
Computer software engineers	15-1030	909.6	1,204.8	295.2	32.46	371.7		-	
Computer software engineers, applications	15-1031	514.8	689.9	175.1	34.01	218.4	\$85,430	VH	Bachelor's degree
Computer software engineers, systems software	15-1032	394.8	515.0	120.2	30.44	153.4	\$92,430	VH	Bachelor's degree
Network systems and data communications analysts	15-1081	292.0	447.8	155.8	53.36	208.3	\$71,100	VH	Bachelor's degree
Biomedical engineers	17-2031	16.0	27.6	11.6	72.02	14.9	\$77,400	VH	Bachelor's degree
Environmental science and protection technicians, including health	19-4091	35.0	45.2	10.1	28.91	25.2	\$40,230	Н	Associate degree
Self-enrichment education teachers	25-3021	253.6	334.9	81.3	32.05	120.3	\$35,720	Н	related occupation
Physician assistants	29-1071	74.8	103.9	29.2	38.99	42.8	\$81,230	VH	Master's degree
Surgical technologists	29-2055	91.5	114.7	23.2	25.32	46.3	\$38,740	Н	award
Veterinary technologists and technicians	29-2056	79.6	108.1	28.5	35.77	48.5	\$28,900	L	Associate degree
Home health aides	31-1011	921.7	1,382.6	460.9	50.01	552.7	\$20,460		training
Dental assistants	31-9091	295.3	400.9	105.6	35.75	161.0	\$32,380	L	training
Personal and home care aides	39-9021	817.2	1,193.0	375.8	45.99	477.8	\$19,180	VL	training

Source: Employment Projections Program, U.S. Department of Labor, U.S. Bureau of Labor Statistics

Computers & Information Technology Cybersecurity Specialist

Source: http://www.geteducated.com/career-center/

Outlook & Growth

- 34 percent—faster than normal
- An increase in computer security jobs is expected as technology continues to advance and become more affordable.
- More businesses will add computers and will need specialists to make their networks secure.
- In addition, use of the Internet by businesses should increase the demand for computer security specialists.
- Some specialists will work inside consulting firms dedicated exclusively to computer security issues.

Salary & Wages

- Those in executive roles—with titles such as chief information security officer, chief security officer or security manager—earned \$106,326 on average.
- Those in more technical roles (security engineer, security penetration tester or web security manager) earned an average of \$75,275.

Computers & Information Technology Cybersecurity Specialist

Source: http://www.geteducated.com/career-center/

What is a Cybersecurity Specialist?

- Work with companies to build secure computer systems.
- Question managers and staff about their current security methods.
- Find out what information the company wants to protect.
- Determine what information employees should be able to access.
- Plan the security system.
- Train staff on how to use security software and properly use computers to prevent any problems.
- Write rules and procedures for employees to follow.
- Evaluate security breaks and determine if there are problems or errors.
- Track where the break came from and shut off the access point.

Education & Degree Path

- AS or AAS or BS degree in
 - computer science,
 - engineering,
 - information systems
 - information assurance
- Another route is to major in your area of interest and minor in one of these degrees.
- Many programs offered online

Cybersecurity: A National Growth Career

Maryland wants to be cybersecurity epicenter
By Ben Bain; Jan 12, 2010
http://fcw.com/articles/2010/01/12/web-cybersecurity-center-maryland.aspx

Gov. O'Malley's report, titled CyberMaryland

- Maryland is positioned to be the hub for federal, academic and private-sector cybersecurity efforts
- Maryland is already home to the National Institute of Standards and Technology, the National Security Agency, the Intelligence Advanced Research Projects Activity — the soonto-be home of the Defense Information Systems
- ✓ Maryland's IT employment rate rose by 3.3 percent between 2001 and 2008, while nationwide it fell by 17.1 percent during that same time period



How to Get There?

CyberWatch

www.Cyberwatchcenter.org



CAE CAE2Y CAER

Certificates

- PMI PMP
- PMI CAPM
- ITIL v2 Foundations
- CISSP
- Cisco CCIE Routing &Switching
- Cisco CCVP

- ITIL v3 Master
- MCSD
- CCNP
- Red Hat Certified
 Engineer

UPCOMING PROGRAMS IN CYBERSECURITY



Expanding Knowledge in Cyberawareness and Careers in Cybersecurity

MD SUMMER CYBERWARRIOR CAMPS

- Cryptography
- Building Games/Simulations
- Digital Forensics
- · Computer Security
- Cyberethics, safety and security
- Field Trips and Guest Speakers

ASK ABOUT DATES AND



2 MARYLAND LOCATIONS JULY 11-15, 2011 CCBC or JULY 18-22, 2011 UMCP 5 days of training

- · Intrusion Detection in Depth
- Hacker Techniques
- Web Application Pen Testing & Hacking
- Programming
- Computer Forensics

SAVE THE DATES

- HS Networking Security Competition
- . MD US Cyber Camps
- MD Cyberwarrior Camps
- Sept 22, 2011 Careers in Cybersecurity GC Workshop
- Oct 6-7, 2011 10th Annual Cyberethics, safety and security Conference
- Oct 18, 2011 Cool Careers in Cybersecurity for Girls Summit

HS Networking Security Competition
Cool Careers in CyberSecurity 4 Girls Summit
US Cyber Challenge Camps
After School Cyberwarrior Programs Careers in Cybersecurity for Guidance Counselors
SECURE IT Program
Annual Cyberethics Safety Security Conference

VISIT: http://www.edtechpolicy.org/cyberk12/

Contact person: Davina Pruitt-Mentle, Ph.D.

410 531 3910 dpruitt@umd.edu



"How to become a hacker in 8 steps"

- 1. Embody the "hacker spirit"
- Setup a home hacking lab
- Work in the IT department
- Attend local user groups & security conferences
- 5. Read security blogs & listen to podcasts
- 6. Write about security
- 7. Socially network yourself

8. Get hacked

Suggested by: Paul Asadoorian



And

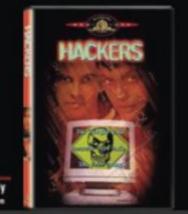
How NOT to become a hacker

- Choosing a really cool NIM like "ZeroCool"
- Write 3v3ryth1ng in 1337sp3@k (translated: Write everything in "leetspeak")
- Break into your friends computers and change their backgrounds to images of Barney and blast Justin Beiber 24/7
- Violate state, federal, or international law
- Wear black all the time
- Take the "8 steps to becoming a hacker" seminar you found on the Internet

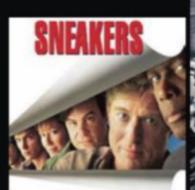
Before we go any further ...

Top ten best/worst hacker movies of all time:

- War Games My parents wouldn't let me get a modem
- 2. Sneakers "It's all about the information"
- 3. **Tron** Cool body suits
- 4. Hackers Angelina Jolie, do I need to say more?
- 5. Swordfish Halle Berry, notice a trend?









Continued...

- 6. The Net Ruining people's lives is not cool
- The Matrix Believe whatever you want to believe
- 8. Johnny Mnemonic Don't format my brain
- 9. Antitrust More about software than hacking
- Takedown Read the book instead





So You've Watched 10 movies

- Hopefully not in one sitting, but whatever
- What does it mean to be a hacker? (Note: it should have nothing to do with rollerblades or "hacking the gibson")
- Hacking really means being curious and exploring that curiosity
- Making things do stuff they were not intended to do

Be curious about technology!





Setup A Home Hacking Lab



Preferably **NOT** in your Mom's living room, like I did...

Computers Are Cheap

- You can find old computers everywhere
- Set them up, install Linux on them (thats free too)
- You can find archives of old software to exploit:
 - www.oldapps.com
- VMware is also free, cheap, and easy to use
 - This also helps you learn virtualization



By The Way...

- Paul's Top 5 Hacker TV Shows:
 - 1. The IT Crowd British people are funny
 - 2. Tiger Team Don't forget your USB cable
 - 3. Prototype This Build it!
 - 4. Battlestar Galactica Yea, its a stretch...
 - 5. Hak.5 Technology and hacking stuff
- *Honorable Mentions: Myth Busters and To Catch A Thief!



Seriously, Get A Job

- There is not better preparation for information security than working in the IT department
- Programming experience helps too, depends on where you want your career to go
- Ideally you work on the help desk, networking, systems adminstration
- Then move into security with a solid foundation of skills and experiences



No Shortage of Cons

- Shmoocon
- HOPE

.....

Defcon

Blackhat



Toorcon

- Derbycon
- Quahogcon
- and more...

Brucon



- SOURCE
- Bsides
- Cansecwest



Local Groups

- Defcon groups DC<your area code>
- ISSA
- ISACA
- NAISG
- 2600 groups
- Infraguard chapters
- OWASP meetings



http://site.infosecmentors.com/



Listen to Security Podcasts

- We do a weekly show called PaulDotCom Security Weekly
- Several others:
 - Risky Business
 - Securabit
 - Exotic Liability (Parental Advisory!)
 - Network Security Podcast
 - Go to http://getmon.com/ for a complete list



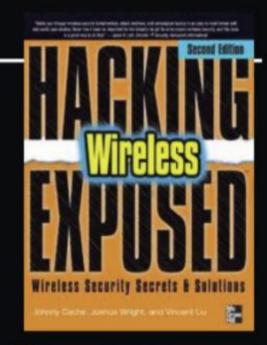
Read Stuff

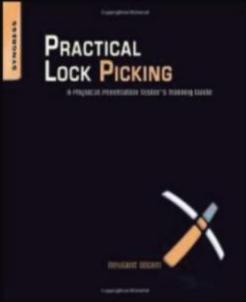
Blogs

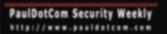
- I subscribe to over 500 blogs
- You should too
- Read them, assimilate knowledge
- http://pauldotcom.com/PaulFeeds.opml

Books

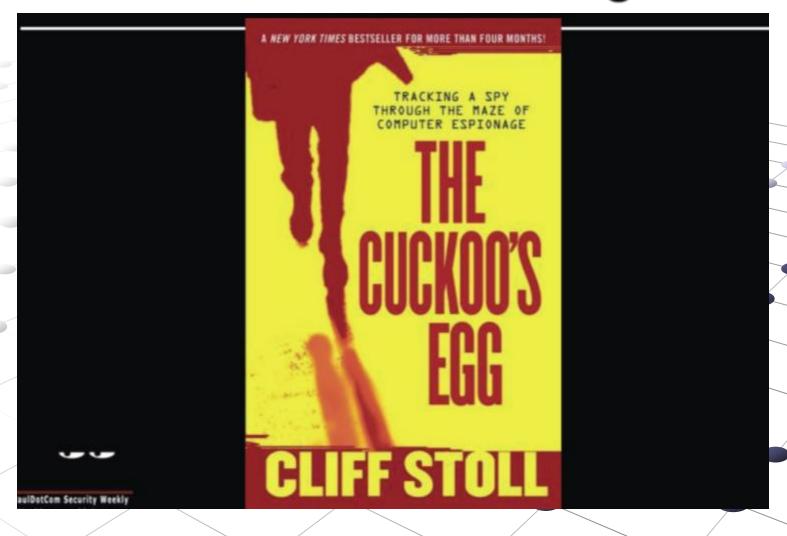
- So many great books, Wireless Hacking Exposed and Lockpicking by Deviant Ollom
- I co-authored a book called "WRT54G Ultimate Hacking"







Paul's Favorite Hacking Book



Socially Network Yourself

How not to socially network yourself:



Remember, whatever you put on the Internet is public forever

Social Network Productivity

Twitter

- LOTS of security professionals on Twitter
- Many events, like CCDC, are "live Tweeted"
- Several events have a "Tweetup"

Facebook

- Most users BY FAR
- Can be productive
- Don't play farmville



PaulDotCom On Facebook

- PaulDotCom Fan Page
 - https://www.facebook.com/pages/PaulDotCom-Security/56074056651
- PaulDotCom Facebook Group
 - https://www.facebook.com/group.php?
 gid=6678027341



http://pauldotcom.com/gettingstarted.pdf

Listen

- http://pauldotcom.com/radio (24/7)
- Podcast in iTunes

Watch

- Live! http://pauldotcom.com/live
- "TV" http://pauldotcom.blip.tv

Participate

- Mailing List: http://mail.pauldotcom.com
- Community: http://pauldotcom.com/insider
- IRC: irc.freenode.net #pauldotcom

Read

- http://pauldotcom.com (Blog)
- Email us psw@pauldotcom.com







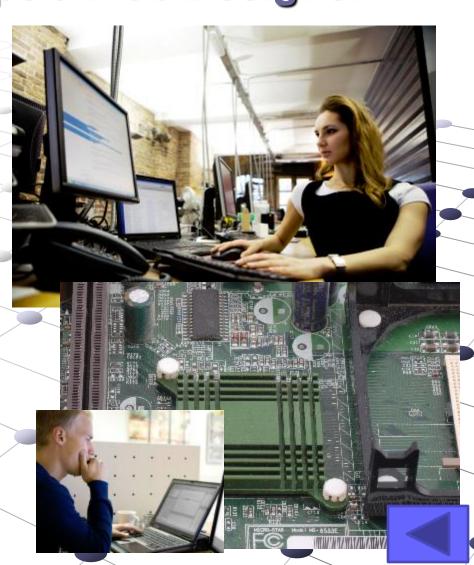
Questions Thank You

Careers in IS/IA & Digital Forensics

 Handout for Labor Stats and Career Paths http://www.careeronestop.org/

Computer Programmer/ Engineer/ Software Developer/ Web Designer

- Analyzes user needs to
 - design,
 - build,
 - test, and
 - maintain software applications and systems



Penetration Tester/Systems/Networks / Vulnerability Researcher/ Exploit

- Think like a hacker to
 - identify flaws and
 - vulnerabilities which jeopardize the safety and security of the data and communications of businesses and organizations



Information Security Engineer /
Architect / Analyst/ Compliance
Manager

- Assists Information Security professionals in
 - designing plans,
 - evaluating organizational weaknesses, and
 - implementing procedures to protect the information assets of an institution or company



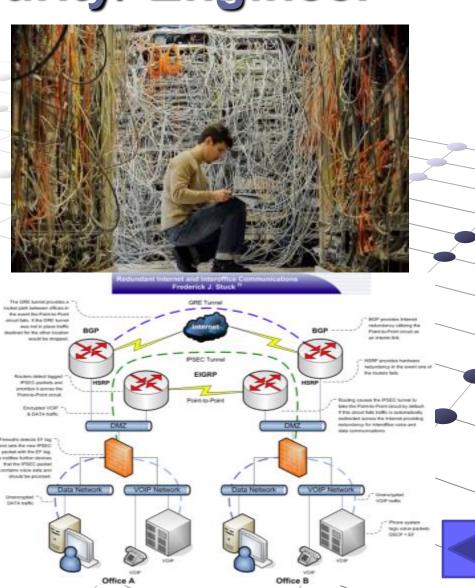
Malware Analyst/ Expert

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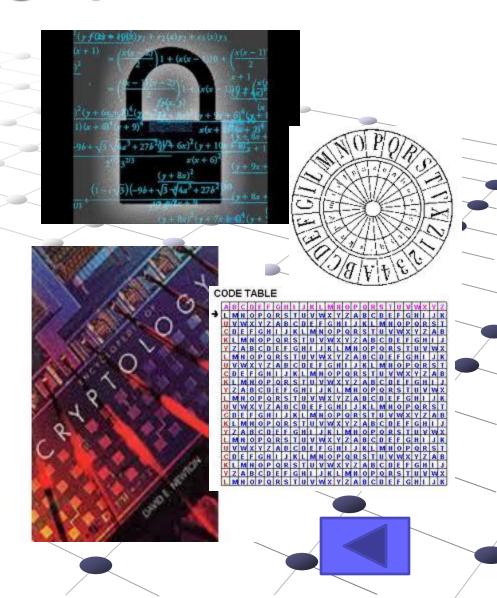
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- This includes recovering from all types of threats-natural (tornados, hurricanes), human (hackers) and technical (malware, equipment failure)



NOAA's Command Center



Defining CyberSecurity?

CyberSecurity focuses on the technical aspects of computer defense

the safety of computers and computer systems in a networked environment, while Information Assurance focuses on confidentiality, integrity, availability and validation of data, and therefore CyberSecurity is a subset of Information Assurance.

Information Assurance (DOD)

 is a subset of CyberSecurity, and CyberSecurity includes management of the risks associated with computers and networks and mission assurance.

The Center for Strategic and International Studies (CSIS) Commission on CyberSecurity

for the 44th Presidency suggests the term "cyber security services"

the development, implementation, operation and administration of measures and/or activities intended to prevent, detect, recover from and/or respond to intentional or inadvertent compromises of the confidentiality, integrity and availability of information technology including but not limited to intrusion detection, computer forensics, configuration management, and system development.

CyberSecurity involves protecting that information by...

- Preventing
- Detecting
- and responding to attacks
- In the fields of:
 - management science
 - systems engineering
 - criminology
 - security engineering
 - computer science
 - robotics

In the fields of:

- data and communications
- accounting
- forensic science
- law enforcement
- bioengineering
- intelligence

Everything relies on computers and the internet now

- communication (email, cellphones)
- entertainment (digital cable, mp3s)
- transportation (car engine systems, airplane navigation)
- shopping (online stores, credit cards)
- medicine (equipment, medical records)
- and the list goes on.

How much of your daily life relies on computers? How much of your personal information is stored either on your own computer or on someone else's system?

The Defense Information Systems Agency (DISA)



 DISA, is responsible for DoD computer and automated information systems and networks.

Defense Media Activity (DMA)



DMA, is the
 Department of
 Defense's direct line of
 communication for
 news and information to
 U.S. forces worldwide.

 The agency presents news, information and entertainment on a variety of media platforms.

The Colocation of Defense/Military Adjudication Activities



 DoD's place for workers from three military services and other defense activities to 'adjudicate' or determine who should receive security clearances after proper background investigations.

 More than 750 people from 10 different agencies will work in the new 150,000 square feet facility.

What is IA?

- CyberWATCH Video
 - http://www.cyberwatchcenter.org/CyberWATCH/
- Fox Video—Cyber challenge
- Sneakers
 - http://www.imdb.com/video/screenplay/vi2448753433/
- The Net
 - http://www.imdb.com/video/screenplay/vi2046230809/
- Staying Safe Online: The Need for Cybersecurity
- NATO Brief
- Obama Need for Cybersecurity
- National Collegiate Cyber Defense Competition
- The Duhs of Security
- Hacker
 - http://www.youtube.com/watch?v=2efhr@xI4J0
- NSA Commercial
 - http://www.nsa.gov/careers/Media_Center/index.shtml

What is IA (cont)?

- Theory and Practice of Cryptography
 - http://www.youtube.com/watch?v=lzVCrSrZIX8
- There May be a Shortage of Cybersecurity Professionals
 - http://www.youtube.com/watch?v=MUPIMT2Mjyk
- Lockheed Martin HOW Cyber Security
 - http://www.youtube.com/watch?v=fhjFsWGcUm4&feature=related
- Whoa, That's Awkward (EDUCAUSE WINNER)
 - http://www.youtube.com/watch?v=gtSIDpoX0r0&feature=related
- Northrop Grumman Battlespace Command
 - http://www.youtube.com/watch?v=WsWW6HskcWg&feature=related
- NSA spy techniques (good background--bias messaging)
 - http://www.youtube.com/watch?v=48dRrNCjLus&feature=related
- Lockheed Martin Security Intelligence Center
 - http://www.youtube.com/watch?v=uSSBjpljvQA&feature=related
- United States Force-Cyberspace Domain
 - http://www.youtube.com/watch?v=xeWnZRZrpaY&feature=related

Other Videos

Robotics

- Lockheed Martin HULC Exoskeleton
 - http://www.youtube.com/watch?v=kat8l5UM Vs&feature=related

Remove Cyber Security Removal Video

How to remove bad videos/bots

http://www.youtube.com/watch?v=pM8bU0MHVE1&feature=related

Humorous October is cybersecurity awareness month--good example of what to do

- Cyber Security Awareness Missouri S&T
 http://www.youtube.com/watch?v=XSMuaaWjnJ8&feature=related
- CyberChallenge
 - http://www.uscyberchallenge.org/

Careers in IS/IA & Digital Forensics



IT Security EBK:			IT Security Roles																		
			Executive					Functional							Corollary						
A Competency and Functional Framework for IT Security Workforce Development Functional Perspectives M - Manage D - Design I - Implement E - Evaluate		Chief Information Officer		Information Security Officer/ Chief Security Officer		IT Security Compliance Officer		Digital Forensics Professional		IT Security Engineer		IT Security Operations and Maintenance Professional		IT Security Professional		Physical Security Professional		Privacy Professional		Procurement Professional	
	1 Data Security	М		М	D E		E				D E	I	E	М	D E				D E		
	2 Digital Forensics			М	D			М	D		_	•			_				<u>-</u>		
_	3 Enterprise Continuity	М		М	E		E		E			<u> </u>	D		E		D				
as	4 Incident Management	М		M	D E		E	ı				ı	D E		D E	1		M	D E		
Areas	5 IT Security Training and Awareness	М		М	E		E	•				-	_	ı	D E			-	D E		
Competency	6 IT Systems Operations and Maintenance						E	ı	D E	ı	D	M	D E	-							
	7 Network Security and Telecommunications						E	ı	D	ı	D	M	D E								
Con	8 Personnel Security						E								D E		E	ı	D		
Security	9 Physical and Environmental Security	М		М	E		E								D E	M	D E				
	10 Procurement	М	D	М	D E		E		E				E				E			M	D E
E	11 Regulatory and Standards Compliance	М	E	М	D E	1	D E							ı				M	D E		
	12 Risk Management	М	E	М	D E	ı	E	ı		ı		ı		ı	D E	ı		М	D E		
	13 Strategic Management	М	D E	М	D E	•	E	•		•		•		•	-			•	-		
	14 System and Application Security	М	-	М						•	D										
					Е		E				Е	l		/				_			

Mapping Professional Specialist Groups to Career Levels

Professional Specialist Group Model												
	-	Management	Technology	Architecture	Assurance	Risk Management						
Senior Executive	CISO	СТО	CIO	coo	CAO	CRO						
Manager/Director	ISM,ISD, Mgr Dir, Ops Mgr/Dir, Consulting Mgr/DIR		elopment Mana	•	Head of Internal Audit	Information Risk Mgr/Dir Consulting Mgr/Dir						
Expert	Principal Consultant	Senior Dev Engineer	Senior Architect	Senior Architect	Senior Security Auditor	Principal Consultant						
Sepecialist Managerial	Р	Product/Program manager, Team Leaders, Account Sales managers										
Specialist Technical	· I Product		Security Designer	Security Designer	Security Auditor	Information Risk Consultant						
Entrant	Analyst	Deverloper	Security Designer Trainee	Security Designer Trainee	Security Auditor Trainee	Information Risk Trainee						

Career Levels and Traditional Paths Senior Executive CIO; CISO; CTO; CRO; COO



MANAGER/DIRECTOR

Principal Consultant; Senior/Chief Architect; Senior Security Auditor; Etc.

Specialist (Technical/Business)

Security Consultant; Security
Designer/Architect; Security Auditor;
Information Risk Consultant; Security
Product Manager; Business Analyst

Consulting Manager/Director; Information
Security Manager/Director; Head of
Security Audit; Information Risk
Manager/Director; Operations
Manager/Director

Specialist (Management) Project Manager; Program Manager; Team Leader; Account Manager; Sales Manager; Marketing Manager



Security Analyst; Security Developer; Security Administrator; Trainee Information Risk Consultant; Security Product Sales; Etc.

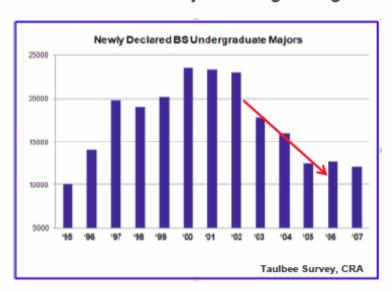
Our Education Problem

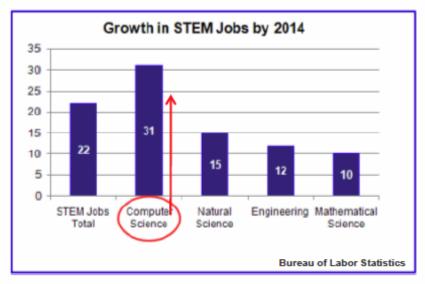




<u>Problem</u>: The U.S. is not producing enough computer scientists and CS degrees

- CS/CE enrollments are down 50% from 5 years ago¹
- CS jobs are growing faster than the national average²





- National Collegiate Cyber Defense Competition (NCCDC)
 - Provides a controlled, competitive environment to assess a student's depth of understanding and operational competency.
- U.S. Cyber Challenge (High School)
 - DC3 Digital Forensics Challenge, CyberPatriot Defense Competition, Netwars Capturethe-Flag Competition

